



# Indoor Aquatics Center Schedule

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Membership to the Saratoga Star Aquatics Indoor Aquatics Center entitles members to use designated areas of the facility at designated times specified by the *Saratoga Star Aquatics Indoor Aquatics Center Schedule*. Members with children enrolled in lessons with the Saratoga Star Aquatics Swim School are also entitled to use the gym when their children are in their lessons.

Child members under 18 are not permitted to use the facility (both pools or gym) without being accompanied by an adult member over 18. Child members under 18 must be accompanied by an adult member over 18 to use the gym.  
Child members under 14 are not permitted to use the gym.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lap Pool (D)</b>	9 AM - 2 PM 8 PM - 10 PM	6 AM - 2 PM 8 PM - 10 PM	6 AM - 2 PM 8 PM - 10 PM	9 AM - 2 PM 8 PM - 10 PM	6 AM - 2 PM 8 PM - 10 PM	8 AM - 10 AM 8 PM - 10 PM	8 AM - 10 AM 6 PM - 8 PM
<b>Small Pool (S)</b>	9 AM - 2 PM 8 PM - 10 PM	9 AM - 2 PM 8 PM - 10 PM	9 AM - 2 PM 8 PM - 10 PM	9 AM - 2 PM 8 PM - 10 PM	9 AM - 2 PM 8 PM - 10 PM	8 AM - 10 AM 8 PM - 10 PM	8 AM - 10 AM 6 PM - 8 PM
<b>Gym (G)</b>	9 AM - 2 PM 8 PM - 10 PM	6 AM - 2 PM 8 PM - 10 PM	6 AM - 2 PM 8 PM - 10 PM	9 AM - 2 PM 8 PM - 10 PM	6 AM - 2 PM 8 PM - 10 PM	8 AM - 10 AM 8 PM - 10 PM	8 AM - 10 AM 6 PM - 8 PM

- (D) Deep (4-7 feet) 25-yard competitive sized pool with lanelines
- (S) Shallow (3-5 feet) 20-yard pool with lanelines
- (G) Gym includes a selection of cardio and weight machines, free weights, exercise studio and table tennis

Saratoga Star Aquatics reserves the right to change the above schedule at any time without notice.