



Indoor Aquatics Center Schedule

12230 Saratoga Sunnyvale Road
Saratoga, CA 95070
(408) 320-4868

info@ssta-swim.com
www.ssta-swim.com

Membership to the Saratoga Star Aquatics Indoor Aquatics Center entitles members to use designated areas of the facility at designated times specified by the *Saratoga Star Aquatics Indoor Aquatics Center Schedule*. Members with children enrolled in lessons with the Saratoga Star Aquatics Swim School are also entitled to use the gym when their children are in their lessons.

Child members under 18 are not permitted to use the facility (both pools or gym) without being accompanied by an adult member over 18. Child members under 18 must be accompanied by an adult member over 18 to use the gym.
Child members under 14 are not permitted to use the gym.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	9AM-2PM (D) 8PM-10PM(D)	6AM-2PM (D) 8PM-10PM(D)	6AM-2PM (D) 8PM-10PM(D)	9AM-2PM (D) 8PM-10PM(D)	6AM-2PM (D) 8PM-10PM(D)	8AM-10AM (D) 8PM-10PM(D)	8AM-10AM (D) 6PM-8PM(D)
Family Swim	11:00AM-2PM(S) 8PM-10PM(D & S)	9AM-2PM (S) 8PM-10PM(D & S)	11:00AM-2PM(S) 8PM-10PM(D & S)	9AM-2PM (S) 8PM-10PM(D & S)	11:00AM-2PM(S) 8PM-10PM(D & S)	8AM-10AM (S) 8PM-10PM (D & S)	8AM-10AM (S) 6PM-8PM (D & S)
Gym	9AM-2PM (G) 8PM-10PM(G)	6AM-2PM (G) 8PM-10PM(G)	6AM-2PM (G) 8PM-10PM(G)	9AM-2PM (G) 8PM-10PM(G)	6AM-2PM (G) 8PM-10PM(G)	8AM-10AM (G) 8PM-10PM(G)	8AM-10AM (G) 6PM-8PM (G)

- (D) Deep (4-7 feet) 25-yard pool with lanelines
- (S) Shallow (3-5 feet) 20-yard pool without lanelines
- (G) Gym includes a selection of cardio and weight machines, free weights, exercise studio and ping pong

Saratoga Star Aquatics reserves the right to change the above schedule at any time without notice.